

**CHIGHER HEALTH
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WORKMAN'S COMPENSATION

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Name: _____ Date of Accident: _____

1. Name of employer at the time of accident: _____
2. Length of time worked there prior to accident: _____
3. Type of work being done at time injury: _____

4. In your own words, please describe accident: _____

5. Have you been treated by another doctor for this accident? ____ Yes ____ No
If yes, please list doctor's name and address: _____

What type of treatment did you receive? _____
How long were you treated by this doctor? _____

6. Are you: () improved () unchanged () getting worse
7. What types of medicines are you taking? _____

Do these medicines help? () Yes () No () Don't know

8. Have you had physical therapy? () Yes () No If yes, how often?
() Daily () Every other day () Several times a week () Weekly
() Every other week () Monthly () Other _____

9. Prior to this accident, have you ever had any of the physical complaints similar to what you have now?
() Yes () No () Don't know
If yes, describe: _____

Were these similar complaints the results of previous accident(s)?

() Yes () No () Not Applicable

Please provide details of accident(s): _____

10. Have you had any other serious accidents which required medical care?
() Yes () No
11. Have you had any serious illnesses that required hospitalization? y/n Explain:

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12. Have you had any surgeries? () Yes () No

If yes, list type of surgery and date: _____

13. Have you had any nervous or mental illnesses? () Yes () No

Have you had psychiatric care? () Yes () No

14. Have you received a medical discharge from the Armed Forces? () Yes () No

15. Have you returned to work since this accident? () Yes () No

If you have returned to work since your accident, please fill out the information below:

DATE	EMPLOYER	OCCUPATION	LIGHT DUTY REG. DUTY	FULL-TIME PART-TIME

Current Medical Complaints

Back Pain:

1. Currently, I have pain in my: () low back () mid back () upper back
2. My pain began: () gradually () suddenly
3. I have pain: () sometimes () all of the time
4. My pain goes into my: () right leg () left leg () both () neither
5. I have tingling and/or numbness in my: () right leg () left leg () both () neither
6. My pain is worse when I:
 - cough or sneeze () Yes () No
 - sit () Yes () No
 - bend () Yes () No
 - walk () Yes () No
 - lift () Yes () No
 - push () Yes () No
 - pull () Yes () No
7. My back pain is worse with sexual activity () Yes () No
8. My pain wakes me up during the night () Yes () No
9. Changes in the weather affect my pain () Yes () No

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Neck Pain: Complete only if applicable

- 1. My neck pain began: () gradually() suddenly
- 2. I have pain: () sometimes() all of the time
- 3. My pain goes into my: () right arm.....() left arm () both
- 4. I have tingling and/or numbness in my: () right arm.....() left arm () both

Neck Pain (continued):

- 5. My pain is worse when I:
 - cough or sneeze..... () Yes () No
 - bend forward () Yes () No
 - lift..... () Yes () No
 - push..... () Yes () No
 - pull () Yes () No
 - turn my head..... () Yes () No
- 6. My pain wakes me up during the night ... () Yes () No
- 7. Changes in the weather affect my pain.... () Yes () No
- 8. I have neck stiffness () Yes () No
- 9. I have headaches () Yes () No
- 10. If I do get headaches, they occur:..... () sometimes () all of the time

Other Pain:

Please describe any current medical complaints which you are experiencing and were not previously covered on this questionnaire, or list any additional comments you wish to make regarding your condition. _____

Job Description:

(In terms of an 8 hour workday, “occasionally” means 33%, “frequently” means 34% to 66% and “continuously” means 67% to 100% of the day.)

1. In a typical 8-hour workday, I: (Circle # of hours / activity)

Sit:	1	2	3	4	5	6	7	8	hours
Stand:	1	2	3	4	5	6	7	8	hours
Walk:	1	2	3	4	5	6	7	8	hours

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2. On the job, I perform the following activities:

	NOT AT ALL	OCCASIONALLY	FREQUENTLY	CONTINUOUSLY
Bend/stoop	()	()	()	()
Squat	()	()	()	()
Crawl	()	()	()	()
Climb	()	()	()	()
Reach above shoulder level	()	()	()	()
Crouch	()	()	()	()
Kneel	()	()	()	()
Balancing	()	()	()	()
Pushing/ Pulling	()	()	()	()

3. On the job, I lift:

	NOT AT ALL	OCCASIONALLY	FREQUENTLY	CONTINUOUSLY
Up to 10 pounds	()	()	()	()
11 to 24 pounds	()	()	()	()
25 to 34 pounds	()	()	()	()
35 to 50 pounds	()	()	()	()
51 to 74 pounds	()	()	()	()
75 to 100 pounds	()	()	()	()

4. Do you have to bend over while doing any lifting? () Yes () No

5. Are your feet used for repetitive movements, such as in operating foot controls?
() Yes () No

6. Do you use your hands for repetitive actions, such as:

	SIMPLE GRASPING	FIRM GRASPING	FINE MANIPULATION
Right Hand	() Yes () No	() Yes () No	() Yes () No
Left Hand	() Yes () No	() Yes () No	() Yes () No

7. Are you required to work on unprotected heights? () Yes () No

Describe: _____

8. Are you required to be around moving machinery? () Yes () No

Describe: _____

9. Are you exposed to marked change in temperature and humidity? () Yes () No

Describe: _____

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10. Are you required to drive automotive equipment? () Yes () No

Describe: _____

11. Are you exposed to dust, fumes and/or gasses? () Yes () No

Describe: _____

12. Please list any additional comments: _____

Signature _____

Date _____